

EXMOOR RURAL HEALTH HUB AGM

4TH DECEMBER, 2025 (Via TEAMS)

MINUTES

1. Chairman's Welcome
2. Minutes for previous AGM (25/11/24) agreed and signed
3. Apologies: Iona Leckie (IL), Charmain Dascombe (CD), Gethin Rees (GR), Peter Delbridge (PD)
4. Declarations of interest: None
5. Chairman's Report:

Welcome to the Exmoor Rural Health Hub third Annual General Meeting.

This has been another successful year with 24 clinics, up from 16 last year and 85 customers plus 33 referrals and 12 Podiatry clinics.

I am pleased to report that the success of the Exmoor Rural Health Hub (ERHH) continues to grow and flourish, helped enormously by the support provided by volunteers including Olivia and Charmain who regularly attend the market to encourage people to visit the health hub. We continue to provide a range of basic health checks and with the addition of Flu and Covid vaccination clinics, prostate (PSA testing) and Podiatry days, the relevance and importance of the ERHH to the surrounding rural communities has become more evident.

The ERHH website and social media platform has become a valued source of information for anyone wishing to take advantage of the treatment and support available from the health hub.

Much of our energy this year has been around securing the plot for the new building and getting all of the paperwork together to comply with legislation (building regs, planning and lease etc). Olivia needs a huge pat on the back for all her sterling work form filling to obtain some of the larger funding and continuing to liaise with the NHS. The estimated cost of the build will be in the region of £110k - £120k and it is pleasing to report that to date we have raised £114,704.20. Fund raising will continue, as we recognise that investment will continue to be needed. Building work commenced on 11th November 2025, with a formal "spade in the ground" event, which was well attended. Peter Huntley, Auctioneer and Robin May, Chairman of Exmoor Livestock Auctions cut the turf. It is hoped that by the end of March 2026, we will be in a position to open the new building and invite more people to attend the hub and take advantage of everything that it offers.

There may be scope to offer space to groups such as Farm Community Network and the Parkinsons Group.

I am proud of everything that the Exmoor Rural Health Hub has achieved to date and know that there is so much more we can do. It is important to say that none of this would be possible without the support of my fellow Trustees, volunteers and of course colleagues from the NHS.
(RW)

6. Treasurer's Report:

- The ERHH Treasurer's account at Lloyds bank had an opening balance of £16,731.57 on 1st October 2024. Up to and including 30th September 2025 there were 40 payments totalling £5,519.61, and 22 receipts of £23,995.20. The receipts were made up of kind donations from other local charities, and monies raised towards the new building from private trusts and the charities own fundraising efforts.
The payments of £5,519.61 were for client chiropody services (£2,200.00), Electricity (£1,062.00) Internet and telephone (£266.10), operating costs (£263.51) and New Building costs (£1,728.00).

7. Election of Officers

- Election of Chairman – Richard Webber (RW) – Proposed by Olivia Winterton (OW), seconded by Martin Brown (MB)
- Vice Chair – Charmain Dascombe (CD) – Proposed by OW (having consulted CD ahead of the meeting), seconded by Julie Edwards (JE)
- Secretary – Olivia Winterton (OW) – proposed by Richard Webber (RW), seconded by Martin Brown (MB) – OW wished to advise the Trustees that she expects to hand over this office in 2027.

8. NHS Report

- Bi-monthly health screening clinics @ Cutcombe Market alternating between sheep and cattle sales
Staffed by 1 x Community Nurse, 1 x Mental well-being practitioner, with some off-site clerical administration
24 clinics (one cancellation)– Patients screened (general health) 63
Patients screened (mental well-being) 3
+ Dunster show - Patients seen (general) 20 (dermatology) 4
+ 10/15 for informal health conversations
Approx 85 service users – 33 referrals to GPs for further advice



Exmoor Rural Health Hub

- Other services:
Monthly podiatry clinics (funded by ERHH, by appointment)
=12 clinics clients treated=115
- Covid and Flu vaccination clinics:
30/04/25 = 12 Covid vaccinations
28/10/25 = Covid = 39, Flu =29 + 3 local house visits = 71
- Prostate Screening + thyroid, diabetes. Vit D & B12 (facilitated by Graham Fulford Charity)
22/08/25
58 different health tests for Men and Women

Inc. 40 PSA tests

9. A.O.B : None