

Exmoor Rural Health Hub AGM (2)

16th November, 2023

By Teams: 5:00pm

1. The Chairman welcomed the attendees: Peter Delbridge (PD), Martin Brown (MB), Charmain Dascombe (CD) and Olivia Winterton (OW)
The minutes of the previous meeting had been circulated prior to the meeting and no outstanding matters were raised. Minutes were agreed and signed by the Chairman.
2. Apologies for absence received from Gethin Rees and Julie Edwards
3. Declarations of interest – none
4. Chairman's report (RW)

‘Welcome to the Exmoor Rural Health Hub second Annual General Meeting.

I am pleased to report that the success of the Exmoor Rural Health Hub (ERHH) continues to grow and flourish, helped enormously by the support provided by volunteers including Olivia and Charmain who regularly attend the market to encourage people to visit the health hub. With over 16 clinics held this year and 75 people attending, it continues to provide a range of basic health checks and with the addition of Flu and Covid vaccination clinics and Podiatry days, the relevance and importance of the ERHH to the surrounding rural communities has become ever more evident.

In January the ERHH invested in a modern Podiatry chair, as this element of the ERHH offering is especially popular with patients.

Earlier in the year I was delighted to welcome Robert Drewett, High Sheriff of Somerset to the Health Hub. He was introduced to some of the NHS staff and Trustees and given an overview of the objectives of the ERHH and why a facility like this is so critical to the farming and rural community.

In August the ERHH had a stand at the 75th Dunster show, with 22 people taking advantage of the free health checks on the day. As Chairman, I am extremely indebted to our colleagues from the NHS, who continue to provide support and expertise to this initiative. In particular I would like to thank the two Claires, our Community Nurses, Heather, our Mental Health Practitioner and Sarah our Podiatrist, who have established a wonderful rapport with the local community.

In September the ERHH and Somerset NFU hosted a combined health event at Cutcombe Market, raising awareness of issues relating to Menopause, Prostate and Sepsis. I am extremely grateful to the NFU Williton office for sponsoring the food for the event.

The ERHH website and social media platform has become a valued source of information for anyone wishing to take advantage of the treatment and support available from the health hub.

Our financial position continues to look positive, with continued support from Shearwell Data, Williton NFU Mutual. This year has shown how important this facility is to the local community and that it must be maintained, as access to appointments at local surgeries become more challenging.

I am proud of everything that the Exmoor Rural Health Hub has achieved to date and know that there is so much more we can do. It is important to say that none of this would be possible without the support of my fellow Trustees, volunteers and of course colleagues from the NHS'.

Richard

5. Treasurers report (OW)

Summary prepared by Hannah Slade ACMA

The Exmoor Rural Health Hub Treasurer's account at Lloyds Bank had an opening balance of £16,501.62 on 31st July 2022. Up to and including 18th October there were 20 payments made totalling £4,576.97 and 1 receipt of £6,443.00. The balance in the bank at 18th October was **£18,367.65**.

Payments from the account totalled £4,576.97 comprising

Donation	£ 100.00
Chiropodist	£1200.00
Repairs and cleaning	£2168.86
Operating items	£ 558.17
PR Items	£ 549.94

6. Re-election of Trustees: All current Trustees were re-elected

Chair - Richard Webber – proposed by OW seconded by PD

Vice Chair (formerly Gethin Rees) now Charmain Dascombe Proposed by RW, seconded by OW.

Secretary – Olivia Winterton, proposed by MB, seconded by CD.

7. NHS report – Minutes circulated from the Rural Health Hub Joint Meeting on 17/10/23.

NHS Funding update: Costs of clinics (x 3) to the NHS £30k annually- 0.04% management costs and consumables separate.

Business case for recurrent funding is via the 'health and equalities monies' – business still being made. Engagement lead, Laura Alexander, for ICB keen to support and enhance the Health Hub business case and will link back to Charity Trustees to do this.

8. AOB - None